



April is Child Abuse Prevention Month



Each year in the U.S. approximately **50,000 children die** from child abuse related incidents. Of these, it is estimated that **30%** are *preventable*.

What can you do to prevent child abuse?

Everyone has a role to play in preventing child abuse and neglect. It is important to be aware of the long-term effects of the maltreatment of children, and learn new ways to help solve this serious problem. To learn more please visit www.aspiranetheroes.org.

How you can help

- By being a foster parent, you are not only providing a safe and nurturing home for a child, but also ending the cycle of abuse for that child.
- Speak with others about the possibility of opening their hearts and homes to a child(ren) for a short period of time, or perhaps a lifetime.
- Remain aware of the reality that child abuse happens in all socio-economic, cultural, and ethnic groups.
- Know and recognize the signs and symptoms of child abuse.
- Talk with your children about ways they can protect themselves and who to tell should something happen to them.
- Call your local Child Protective Service Agency if you feel that a child is at risk or being abused. You can make a difference for that child with one phone call.
- Wear a blue ribbon during the month of April to promote awareness of child abuse.
- Praise your children for their accomplishments and successes, no matter how small.
- Remember that everything you say and do is absorbed by a child, making a lasting impression on them.
- Tell your children that you love them first thing in the morning and last thing before they go to sleep at night.

www.aspiranetheroes.org
877.380.HERO

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Raising Hope, Empowering Community.