

THP *Plus* —
supporting former
foster youth

ASPIRAnet
Raising Hope, Empowering Community.

www.aspiranet.org/thp

ASPIRAnet

**Transitional
Housing Program
*Plus***



Transitional Housing Program *PLUS* (THP *Plus*)

is a program of Aspiranet, a network of children, family, and community-based programs throughout California. Aspiranet is a non-profit organization working to keep families together and create lifelong relationships between children, families, and their community. Our vision is to take collective action to support communities and families as they love and care for children.

ASPIRANET THP *PLUS* IS AVAILABLE IN THESE COUNTIES:

Fresno
Kings
Madera
Merced
Orange
Riverside
San Bernardino
San Joaquin
Stanislaus
Tulare

Tel: 800.439.1905
Fax: 650.866.4080
www.aspiranet.org/thp



**Preparing former
foster youth for
self-sufficiency**

Transitional Housing Program *Plus*

What is THP *Plus*?

Aspiranet's THP *Plus* is a transitional housing support program for former foster youth aged 18 to 24, who are transitioning out of the child welfare or probation systems. The goal of the program is to provide a safe and supportive living environment for these youth while helping them achieve self-sufficiency and learn skills to live as adults after foster care.

THP *Plus* brings youth much needed support by collaborating with local businesses, community resources, and agencies that link youth to services. Assistance is provided for housing opportunities, job placement, educational enrollment, and more. THP *Plus* staff guide participants in achieving these goals, resulting in youth becoming independent, productive citizens and having greater self-esteem.

Eligibility and Referral Process

- Youth eligible for the Transitional Housing Program *Plus* are 18 to 24 years old, and have emancipated from foster or probation care. These youth must have been eligible for Independent Living Program (ILP) while in care. Finally, the youth must be actively pursuing goals with regards to education, vocational training, or employment.
- Youth may participate in THP *Plus* for a maximum of 24 cumulative months.
- Referrals are first reviewed by each participating county's Independent Living Program coordinator. Referrals are then reviewed by an Aspiranet THP *Plus* coordinator. If the referral is approved, the THP *Plus* coordinator will then contact the youth in question to set up an interview to complete the application process.
- Once approved, youth are notified immediately and provided with a time line for placement in the program (subject to availability).

The Program

Aspiranet's THP *Plus* provides participating youth with an apartment living situation in which he/she will share a two-bedroom apartment with a roommate. In addition, the youth will receive the following supportive services:

- Comprehensive Case Management
- System of Payment for Utilities, Telephone, and Graduated Rent Program
- Job Readiness Training and Support
- Food and Necessity Allowance
- Educational Advocacy and Support
- Aid in Pursuing College or Other Post-High School Training
- Individual and Group Therapy
- Assistance to Build and Support Relationships with Family and Community
- Mentoring
- Apartment Furnishings
- 24-Hour Crisis Intervention and Support
- Coordination with the Independent Living Program
- Emancipation Fund
- Post-Program Housing Assistance
- Alumni Services

The THP *Plus* program is comprised of two models of assistance (availability dependent on location); the scattered sites model and the host family model. Youth in scattered sites will reside in apartments throughout the community. This model provides a more independent setting. Youth in host families will reside with an adult they have an established relationship with. The adult serves as a mentor, providing additional support system for the youth. Both program models are designed to serve as a bridge for the youth between life in foster care and life as a self-sufficient adult.



Additional THP *Plus* Program Services

- Transportation Assistance
- Roommates: Selection, Training, and Support
- Public Benefits Advocacy
- Regular Housing Advocacy and Tenancy Training
- Training Curriculum to Prepare Youth for Housing
- Moving Assistance
- Ongoing Life Skills Training
- Security Deposit Assistance

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